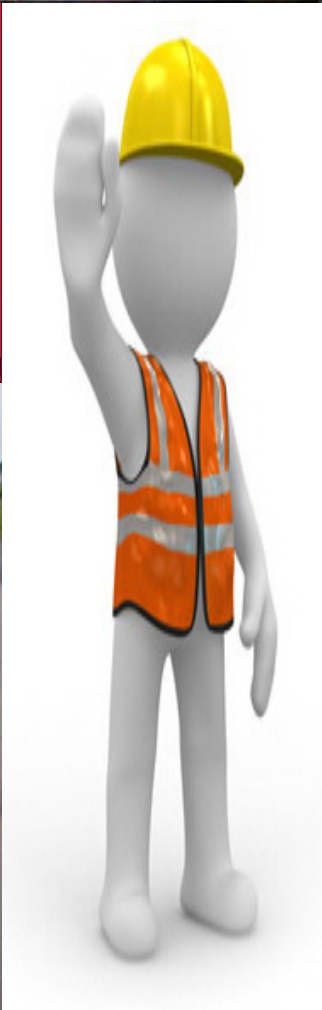


# UTAH DEPARTMENT OF TRANSPORTATION

# S A F E T Y A N D H E A L T H M A N U A L





## 7.0 WORK PRACTICE CONTROL

### 7.1 Overview

The primary focus of this Safety and Health Manual is to provide guidance for the Engineers and Contractors. When required, each Contractor is required to submit a site specific and/or JSA prior to the beginning of work. The RE and the Region Safety Risk Manager will review and accept the JSA prior to the work commencing in the event of the highly specialized nature of the Contractor(s) operational requirements.

### 7.2 Purpose and Scope

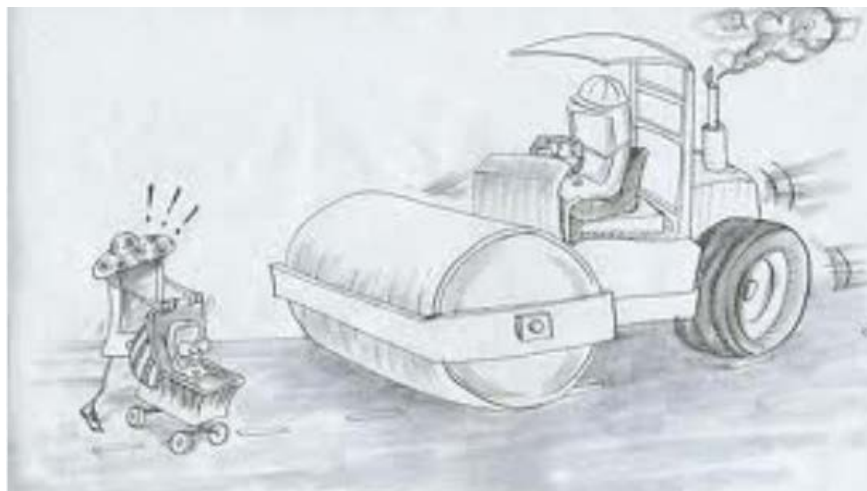
It is a project requirement that all employees conduct their individual operations in accordance with OSHA for all project operations. When any of the RE's Staff interact with Contractor operations, the site specific and JSA requirements must be followed as a more stringent requirement.

### 7.3 Specific Work Practice Control Procedures

For operations wherein the specific Contractor does not have set procedures, all Federal/State standards and rules as well as the UDOT Construction Safety and Health Manual shall be used as the basic guide to conduct specific operations. No pets allowed on UDOT construction sites except service animals, police and licensed security handler dogs.

### 7.4 Use of Handheld Electronic Devices

Project personnel and equipment operators must not engage in any practice or activity that distracts or diverts their attention while actually engaged in operating equipment or performing work activities. A person may not use a handheld communication device (cellular phone), portable media player (MP3 Players), or a portable computer for talking, text messaging, electronic mail communication, or other means of transferring information while working or being within the limits of a construction project under the jurisdiction of UDOT, except under the following conditions:



- The individual is designated as a member of the “emergency response” group for the project.

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- Authorized personnel receive proper training on using handheld communication devices and are required to only use such a device once they are situated in a safe area.
- While confined in a vehicle and the vehicle is parked in a safe non-working area (Filling out paperwork on a laptop, managing a traffic control device via Bluetooth, etc.).
- Traffic control flagging operations (Two-way radio communication).
- Blind Crane Picks (The crane operator's visibility is restricted from viewing the assigned signal person. This process must follow OSHA 1926.1420(c)
- Surveying (Data may be transferred between surveying devices and computers in a controlled environment.)

## 7.5 Personal Protective Equipment Details

### 1. Hard hats



- a. Hard hats (**ANSI Type I, Class E Approved**) must be worn at all times.
- b. Any alteration of hard hats (such as painting, punching in holes, or cutting off brim) is not allowed. Company logos are permitted.

### 2. Eye and Face Protection

- a. 100% eye protection shall be worn at all times while on the project site. Face shields shall be worn in addition to safety glasses when the face is exposed to flying debris, i.e. using a disk grinder and chipping hammers, hand-held gasoline powered cut off saws and chain saws.
- b. Safety glasses shall be worn at all times and shall be free of defects and provided with side shields.